



**2019**  
**South Australian**  
**Taekwondo Festival**

**Sunday 14<sup>th</sup> April 8.30am – 4.30pm**  
**Turrumurra Recreation Centre**  
**1000 Lower North East Road, Highbury**



# Australian Taekwondo SA

**Sparring**  
**Individual, Pairs, Team and Family Poomsae**

**ENTRIES OPEN:**  
Monday 11<sup>th</sup> February 2019

**ENTRIES CLOSE:**  
Tuesday, 9<sup>th</sup> April 2019

All entries to be completed online at:  
[www.internetentries.com](http://www.internetentries.com)

Enquiries to:  
[management@austkdsa.com.au](mailto:management@austkdsa.com.au)

# 2019 South Australian TKD Festival



Dear Taekwondo practitioner,

It gives us great pleasure on behalf of Australian Taekwondo SA Division to invite all Australian Taekwondo practitioners to participate in the second South Australian Taekwondo Festival. The event will be at the Turrumurra Recreation Centre on Sunday, April 14<sup>th</sup>.

The event aims to serve the Australian Taekwondo Community on many levels:

- Create a prestigious and competitive event for younger players of all skill levels to build athlete interest and encourage personal development in Taekwondo.
- Provide Open Black Belt competitors with the optimum competitive environment - encouraging athletes to maintain and improve the top tier standard.
- Add more national circuit competition experience.
- Host an event to attract the public, to increase public awareness, and develop the general interest in Taekwondo.

**Blue Belt and above 12-14 year olds (CADETS), 15-17 years old (JUNIORS) and Senior/Open Sparring Competitors (17yrs+) will use the Daedo Electronic Body Protector System.**

**All the above athletes will need the Daedo Sensor Socks (Gen 1 or Gen 2). If you do not have these, they must be purchased prior to the competition.**

Tickets for General Public Entry to the sparring event on Sunday will be available at the door. We look forward to a positive and successful event.

Yours Sincerely

**Ben Hock**  
**Australian Taekwondo**  
**SA Division Management Board**  
[management@austkdsa.com.au](mailto:management@austkdsa.com.au)

## General Information

All ages are as at 31st December 2019:

KIDS 1 / 2	CHILD	YOUTH	CADET	JUNIOR	SENIOR	MASTER
3-4, 5-6	7-8	9-11	12-14	15-17	17-30	31+
Born 2013 to 2016	Born 2011 to 2012	Born 2008 to 2010	Born 2005 to 2007	Born 2002 to 2004	Born 1989 to 2001	Born 1988 and prior

- Eligible Competitors:** Competitors MUST bring their current Australian Taekwondo registration card and be checked off upon entry to the competition venue on the competition day. Players without registration cards or online entry registration will not be permitted to compete.
- Registration:** All competitors MUST bring their completed competition entry form (signed by parent/guardian if under 18 years of age on the day of competition). Please print this when you complete the on line entry. This ensures your entry to the competition venue without paying the spectator fee.
- Competition Schedule:**
- |          |  |
|----------|--|
| 7:30 am  | Doors Open + Officials and Volunteers Arrive |
| 8:00 am  | Referee Meeting & Coach Briefing             |
| 8:15 am  | Coach Briefing & Welcome                     |
| 8:30 am  | Technical and Sparring Competition Starts    |
| 12:30 pm | Lunch break                                  |
| 1:00 pm  | Resume Competition                           |
| 4:30 pm  | Competition Finish                           |
- Indemnity:** All participants in the tournament take part at their own risk. The organiser can under no circumstances be held responsible for any damages, injuries, or loss to individuals or equipment.
- Privacy:** Personal details collected are solely for the purpose of the competition involved. Health information (regarding existing conditions/allergies etc) is for our records only and will only be disclosed to first-aid personnel on a need to know basis.
- Competition Entry Fees:**
- Sparring** - \$70, or \$50 early bird special (Kids 3-6yrs \$25)
- Individual Poomsae** - \$70, or \$50 early bird special
- Pairs / Teams Poomsae:** \$40 each, or \$30 each early bird special
- \*\* early bird discount available for entries before March 11<sup>th</sup> \*\*  
\*\* please note late entries will not be accepted \*\*
- Spectator Prices:**
- Adults / Children: \$10  
Family (2 adults + 2 children): \$25  
Under 6: Free
- Draw:** The draw will be posted online on the day of competition.
- Food:** Sausage Sizzle available during the day
- Awards:** All events recognise 1<sup>st</sup> and 2<sup>nd</sup> and 3<sup>rd</sup> place with Gold Silver and Bronze medals.
- Coach Registration:** Clubs may register a total of 3 coaches, who must be registered before the event. Please register coaches by registering online at internetentries.com. This is to ensure door entry is covered and sufficient coaches are known to be attending the competition.

# 2019 South Australian TKD Festival



Please consider that your club provides sufficient coaches to avoid the possibility of athletes being disqualified due to unavailability of a coach when the player is called. Please note that, under WT rules, a maximum of three (3) calls to the field of play will be given. Athletes not in attendance with their coach will be disqualified. Coaches are required to attend briefings.

## **Volunteers:**

Each participating club is asked to provide at least 1 volunteer or more to help run the competition. Head instructors are to provide a list of volunteers to the ATSA Board at closure of entries by messaging the ATA Board via Facebook or email.

## Sparring

**Gender:** Male, Female

**Age Divisions:** Kids1 (3-4), Kids2 (5-6), Child (6-8), Youth (9-11), Cadet (12-14), Junior (15-17), Open (17+), Master (31+)

**Weight Divisions:** **Players may compete in 2 weight divisions per age category if they meet the weigh in requirements for all divisions.**

**Belt Divisions:** Yellow, Blue, Red, Black

Kids1 (3-4) – no weight divisions – to be matched up according to size on the day – round robin 1min rounds  
Kids2 (5-6) – no weight divisions – to be matched up according to size on the day – round robin 1min rounds

Child (7-8), Youth (9-11)

	B	C	D	E	F	G	H	I	J	K	L	M
Male	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+
Female	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+

Cadet (12 – 14)

	Straw	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Cruiser	Heavy
Male	<33kg	33-37kg	37-41kg	41-45kg	45-49kg	49-53kg	53-57kg	57-61kg	61-65kg	65+kg
Female	<29kg	29-33kg	33-37kg	37-41kg	41-44kg	44-47kg	47-51kg	51-55kg	55-59kg	59+kg

Junior (15 – 17)

	Fin	Fly	Bantam	Feather	Light	Welter	Light Middle	Middle	Light Heavy	Heavy
Male	<45kg	45-48kg	48-51kg	51-55kg	55-59kg	59-63kg	63-68kg	68-73kg	73-78kg	78+kg
Female	<42kg	42-44kg	44-46kg	46-49kg	49-52kg	52-55kg	55-59kg	59-63kg	63-68kg	68+kg

Senior (17+), Masters (31+)

	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Heavy
Male	<54kg	54-58kg	58-63kg	63-68kg	68-74kg	74-80kg	80-87kg	87+kg
Female	<46kg	46-49kg	49-53kg	53-57kg	57-62kg	62-67kg	67-73kg	73+kg

**Head Kicks:**

No head kicks for:

- 11 and under
- Yellow Belts – regardless of age

\*\* Heads kicks for all other divisions unless mutually agreed by coaches and referee. \*\*

**Format:**

Sparring divisions will be completed in groups at a time. This is to reduce wait time between fights and to close off age divisions, starting with younger divisions moving up the age brackets to open divisions last.

**Weigh In:**

**Saturday, April 13<sup>th</sup>** at either of these times and locations:

Tru Taekwondo: Unit 4, 77 Greenwith Road, Golden Grove, South Australia, from **9:00am to 11:00am**

The Competition Venue, from **6:00pm to 7:30pm**

\*\* NO WEIGH IN ON DAY OF COMPETITION \*\*

All competitors MUST present their current Australian Taekwondo Membership Card ID. Proof of entry will be through the weigh-in list available at weigh-in. Minimum acceptable dress during weigh-in will be T-shirt and shorts with a 0.5kg allowance.

If the competitor fails weigh in they may change division but an administration fee of \$30 will apply.

# 2019 South Australian TKD Festival



## **Safety Equipment:**

Sparring competitors must wear WT approved equipment -

- Trunk protector – the full colour style (Daedo fights provided)
- Groin protector, Shin and Arm guards
- Head guards (matching colour or white, Daedo fights provided)
- E-foot protector (Cadets, Juniors and Open athletes – Blue belts and above)
- Gloves - Compulsory for athletes 12 years and over
- Mouth guards are compulsory and must be white or clear.
- Shin pads that cover the instep will be allowed for non-Daedo fights only.

# 2019 South Australian TKD Festival



## Individual Poomsae

- Gender:** Male, Female
- Belt Ranks:** Yellow, Blue, Red, Black
- Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 39, 40+
- Attire:** Regular white Taekwondo dobok and belt (WT uniform optional). Cho Dan Bo players must wear a plain red belt with white/black tape stripes (i.e. no half red/black belts).

### Patterns:

Belt Level	1 <sup>st</sup> Pattern	2 <sup>nd</sup> Pattern	Format
Yellow	Taeguk 1	Taeguk 2	iPad Scoring
Blue	Taeguk 3	Taeguk 4	
Red (inc Cho Dan Bo)	Taeguk 6	Taeguk 7	
1 <sup>st</sup> Dan and above	Taeguk 8	Koryo	

### \* NOTE

## Pairs Poomsae

- Gender:** Any gender combination is permitted
- Belt Ranks:** Yellow, Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.
- Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 39, 40+  
Both members of the pair **MUST** be in the same age division
- Attire:** Regular white Taekwondo dobok and belt (WT uniform optional). Cho Dan Bo players must wear a plain red belt with white/black tape stripes (i.e. no half red/black belts).

### Patterns:

Belt Level	Choose 1 Pattern from
Yellow	Taeguk 1, 2 or 3
Blue	Taeguk 3, 4 or 5
Red	Taeguk 6, 7 or 8
Black	Taeguk 8 or Koryo

\*\* Players may only be part of 1 Pair combination. \*\*



## Teams Poomsae

- Gender:** Any gender combination is permitted
- Belt Ranks:** Yellow, Blue, Red, Black. Teams compete in the division of the HIGHEST belt level.
- Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 39, 40+  
All members of the pair **MUST** be in the same age division
- Attire:** Regular white Taekwondo dobok and belt (WT uniform optional). Cho Dan Bo players must wear a plain red belt with white/black tape stripes (i.e. no half red/black belts).

### Patterns:

Belt Level	Choose 1 Pattern from
Yellow	Taeguek 1, 2 or 3
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or Koryo

\*\* Players may only be part of 1 Team combination \*\*

## Family Poomsae

- Gender:** Any gender combination is permitted
- Belt Ranks:** Yellow, Blue, Red, Black. Families compete in the division of the LOWEST belt level.
- Age Division:** Members may be mixed age divisions
- Attire:** Regular white Taekwondo dobok and belt (WT uniform optional). Cho Dan Bo players must wear a plain red belt with white/black tape stripes (i.e. no half red/black belts).

### Patterns:

Belt Level	Choose 1 Pattern from
Yellow	Taeguek 1, 2 or 3
Blue	Taeguek 3, 4 or 5
Red/Black	Taeguek 6, 7 or 8
Black	Taeguek 8, Koryo, Keumgang or Taebaek

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To complete entry process please proceed to

[www.internetentries.com](http://www.internetentries.com)

## Checklist

- Entered online at [www.internetentries.com](http://www.internetentries.com)
- Have current Australian Taekwondo Membership
- Planned to weigh in at the nominated venues and times
- Ensured you have Daedo e-socks for Cadet Blue Belt + / Junior / Senior / Master divisions
- Ensured your coach(es) and club volunteers have registered

**VENUE:**  
**Turramura Recreation Centre**  
**1000 Lower North East Road, Highbury**

